



# Bible Study

Mrs. Pavlina  
Davis



## PRAYER AND SUPPLICATION

Hello, children. Welcome again to our series of Bible studies about the armour of God. I wonder how much you remember the armour of God in your daily walk. Do you ever think about it during the day? Is it helping you to overcome your enemy? The things we have been studying here together are to help you in your life so that when you get into a battle, you would remember God's weapons and use them.

When we read Ephesians 6, the armour doesn't seem to end with the sword of the Spirit even though it is the last *metal* thing we see mentioned there. Yet, Apostle Paul continues on in to prayer and supplication in the Spirit. Why do you think the prayer is mentioned? Wouldn't it be sufficient just to put on the armour and go in to the battle? Well, let me show you

a key to victory on a battlefield: it is communication. Without communication between headquarters and a front line unit, direction and support are lacking. Those who are in the midst of battle need to know their mission from their central command. They also need to know that they can call on central command for strategic decisions.

You see, if the soldiers just put the armour on and went off to the battle, they would not know what to do. The whole operation would not work without the General! Somebody has to tell them what to do. Prayer is communication with God, because God is our General. In order for us to be able to fight efficiently with all the weapons we have, we must talk to our General.

It also says in Ephesians 6 that part of the prayer is the

prayer for all the saints - our friends, siblings, parents, brethren in our fellowship as well as other fellowships - all those people around us who are fighting the good fight. We should always pray that they would prosper in the things of God. (As a side note, I want to remind you here that the battle we are fighting is not against people but against spiritual beings - rebellion, disobedience, anger, strife, etc.)

So, what does prayer mean to you? For example, when you are playing outside, when you are at home, or when you are visiting your friends? Have you ever been somewhere and didn't know what to do in a situation you found yourself in? That is exactly the time to make a phone call in to heaven! You see, when soldiers are in a battle, they have electronic

connections and are in touch with their General who tells them how to conduct that particular army operation.

Let me share with you a secret verse in the Bible, which many people call a *telephone number to heaven*: it is JER 33:3, ***Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.*** This is exactly what it means: when we don't know what to do, we call unto the Lord and He faithfully answers us. His line is never busy; He always picks up and tells you the things that you need to know.

So, when you pray, pray with your whole heart and mind so that you would not become like a coffee grinder saying the same things all over and over again. Have

you ever been praying before you go to bed but didn't put your mind to it and suddenly found yourself thanking God for the food? Make sure you think about what you want to tell God so that it would really be a conversation between you and God. Only then can God answer it.

Finally, remember you can have the whole armour on, but without the General, you will not know how to fight. When you pray, pray correctly and also listen so that you would be able to hear when God speaks and what He is saying.

One final verse, which is found in Philippians 4:6, ***Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.*** When you

do so, then ***the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus*** (Philippians 4:7). May the Lord bless you as you stand before him in prayer and supplication.

(Based on children's lessons given by a number of teachers in Prague, Czech Republic.)

## EPHESIANS 6:18

**PRAYING ALWAYS  
WITH ALL PRAYER  
AND SUPPLICATION  
(A PETITION) IN  
THE SPIRIT,  
AND WATCHING  
THEREUNTO WITH  
ALL PERSEVERANCE  
AND SUPPLICATION  
FOR ALL SAINTS.**